



11-19-2015

The Grizzly, November 19, 2015

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Recommended Citation

Thomas, Brian; DuChene, Courtney A.; Costello, Kristen N.; Low, Chi-e; Wan, Yiu Fai; Lessne, Irina; Hojsak, Sarah; Dickinson, Rachel; Rus, Annie; Cope, Johnny; Gellman, Hunter; and Pinkerton, Bryce, "The Grizzly, November 19, 2015" (2015). *Ursinus College Grizzly Newspaper*. 670.
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COLLEGEVILLE, PA.

THURSDAY, NOV. 19, 2015

VOL. 40 ISSUE 10

On the way to the Final Four



Photo courtesy of Ursinus College Communications

The Ursinus field hockey team shut out Rochester 5-0 on Sunday to advance to the NCAA Division III Final Four for the first time since 2011. This victory comes after a record-setting 10-0 win against Stevens Institute of Technology in the second round. On Saturday, the Bears take on Bowdoin, which is ranked No. 1 in Division III. See page 8 for more details.

Watson finalists prepare for next steps

Courtney Duchene
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Four Ursinus students are currently hard at work preparing their applications for the nationally competitive Watson Scholarship. Olivia Keithley, Krista Synder, Eddie Torres, and Allyson Norton have been selected to move on from Ursinus to the next round.

In 1968 Thomas J. Watson, a co-founder of IBM, created the Thomas J. Watson Fellowship.

The purpose of the fellowship was to give graduating college seniors the opportunity to pursue an independent project abroad for a year.

Last year the program chose 50 students to receive fellowships, including two Ursinus students, Jamie Faselt and Rosie Davis-Aubrey. Faselt is studying the relationship between people and nature in South Africa, India, Australia, Greenland, and Belize. Davis-Aubrey is studying dance

as a formative experience in Ghana, Uganda, Brazil, and India.

Ursinus is one of 40 partner colleges that are able to nominate students for Watson Fellowships. A committee of nine faculty and staff members help students prepare their project proposals and apply for the fellowship.

The Watson Committee is led by the campus advisor who serves as a liaison between the college and the Watson Foundation. The campus advisor at Ursinus is Ak-

shaye Dhawan, professor of computer science. Dhawan took over from Dean Melissa Harden this year after serving on the Watson Committee for four years.

During his time on the committee, Dhawan came to understand the importance of the Watson Fellowship for Ursinus students. Dhawan believes just applying for the fellowship benefits Ursinus students because it gives them direction in their lives. The fellowship forces stu-

dents to reflect on their lives and figure out what they really want to pursue. "Even the students who did not receive fellowships found some way to incorporate ideas from their project into their lives," said Dhawan. The fellowship reminds him of the college's CIE requirement because it forces students to figure out how they want to live their lives.

See **Watson** on pg. 3

Committee searches for violence prevention educator

The new position will be responsible for training campus leaders and educating students about violence on campus

Kristen Costello
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A committee created by Ursinus College is currently searching for someone to fill the new position of Violence Prevention Educator.

According to Kim Taylor, Ursinus' Title IX Coordinator, the violence prevention educator will be involved in creating programs to discuss topics such as bystander intervention and consent. Part of the job will also involve training faculty, staff, and students so they know what to do if someone reports a sexual assault to them.

"We've found that there is an increasing need for additional help with this topic," said Taylor. "Last spring we had an outside agency come in and audit our program, and they recommended having a person to do education, outreach, and training for our community."

The Violence Prevention Educator will also help look into some of the factors that play a role in sexual assault, such as drugs and alcohol.

"The more we talk about this, the more we will be able to figure out," Taylor said. "However, conversations about sexual assault can be difficult. We're hoping that having this position will help groups have those difficult conversations."

Kelsey Knowles, a peer advocate and one of the two Ursinus students on the search committee, also said that she hopes that this new position will improve the way the subject of sexual assault

is approached.

"We see this position as the next step into creating a norm on campus where sexual misconduct prevention is something everyone is talking about," she said.

The committee that will be deciding who to hire is made up of students, faculty, and staff. The students involved, Knowles and Karla Pisarcik, are both peer advocates. The two professors on the committee are Louise Woodstock from the media and communications department and Brenda Lederach from the psychology department.

"The more we talk about this, the more we will be able to figure it out."

— Kim Taylor
Title IX Coordinator

Taylor hopes that having this position will help decrease the number of sexual assaults on campus by helping Ursinus find new ways to address the issue.

"We can bring in speakers but that won't help people who don't go to listen," she said. "What I'm hoping is that the person in this position can be out there talking to students and connecting with them."

Knowles said that there are many things that the committee is looking for in potential candidates for the job.

"We are looking for an innovative, dynamic presenter who can assist us in trying different

things to get all students engaged in the topic of sexual misconduct prevention," she said. "We want someone empathetic as well as administrative, since there is a heavy therapeutic aspect as well as a business, legal, investigative side since they will be serving as the Deputy Title IX Coordinator."

Pisarcik said that when evaluating potential candidates, she looks for a person that will be able to become a part of the Ursinus community.

"I'm looking for someone who has the ability to be authoritative, but also can strongly relate to the students," she said. "The administration, faculty, and staff need to be able to respect and listen to this person, but they cannot be too authoritative that they are far removed from the students."

Some preliminary interviews with potential candidates have already been conducted, but right now the process is on hold until January. Taylor said that they are waiting because there is usually a stronger candidate pool in the winter, because many people cannot start a new job or leave an old job in the middle of the academic year.

The committee will continue the interview process during the spring semester, and in late March or early April they will start inviting strong candidates to the school to speak. The person who is selected will start work in the summer so he or she will be on campus when students come back to school next year in the fall.

U-Imagine center offers first course

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The U-Imagine Center is taking a step towards being more involved in student life on campus. The center, emphasizing the importance and prevalence of entrepreneurship, has introduced the first class focusing on that topic. The course, which is in the interdivisional studies department, is Entrepreneurship (IDS 050), and will be offered beginning in the spring 2016 semester.

This two credit course will feature a series of outside speakers as well as allow students to work on their own entrepreneurial ideas and projects, potentially in teams. The course will be taught by the school's entrepreneur-in-residence, a position that the department is still working to fill. In addition to teaching the course, the entrepreneur-in-residence will support the mission of the U-Imagine Center, direct programs, develop new initiatives on and off campus, and act as a mentor and resource for students and faculty.

IDS 050: Entrepreneurship is a two credit free elective that doesn't require an overload. This is helpful to students who are a few credits short as a result of having dropped a class, and is a great way for students to meet and engage with the entrepreneur-in-residence. As part of the expansion of the U-Imagine Center, the entrepreneur-in-residence will be located in the new U-Imagine Center headquarters next to Mazzella's Pizza in spring 2016.

This entrepreneurship class is the first of its kind at Ursinus College. "This is our first official

course for the U-Imagine Center," said Dr. April Kontostathis. "I hope students will embrace the concept and that this will be the first in a series of classes on our campus that focus on fostering e-thinking skills."

According to the course description, the class is designed to "introduce entrepreneurial concepts as they relate to the continuing process of creativity and innovation." As always, this entrepreneurship course is open to students of all majors, with priority given to students who are interested in entering the BEAR Innovation Competition in the spring. The discussion-based class will focus on the entrepreneurial process and leadership, and hopes to help students develop oral and written communication skills with an emphasis on persuasive communication.

"I hope that students will embrace the concept and that this will be the first of a series of classes on our campus that focus on fostering e-thinking skills."

— April Kontostathis
Associate Professor of Economics

At the same time, Ursinus is also introducing another classroom opportunity for entrepreneurship in Center City Philadelphia during winter break. The

See **Elective** on pg. 3

THE GRIZZLY

VOLUME 40 ISSUE 10

The Grizzly is a weekly student-run publication that serves the Ursinus community. Views expressed in The Grizzly do not necessarily reflect the views of the staff or college.

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Watson continued from pg. 1

Currently, the committee is advising the college's four finalists as they prepare to be interviewed about their projects by the Watson Foundation. The finalists all hope to pursue vastly different things with the fellowship. Keithley hopes to study restorative justice systems around the world. Norton wants to explore the relationship between physical activity and coping mechanisms in different cultures. Snyder wants to study the relationship between traditional and western medicine in countries where they coexist, and Torres wants to look into how oppressed cultures use music to retain their identities. The interviews with the Watson Foundation are on Nov. 30.

Although he is nervous about the interview, Torres said that receiving the fellowship is not the most important part. "It is not a skill competition," he said. "It is a 'yourself' competition." Torres believes the most important part of the fellowship is learning what you care about. He was attracted to the fellowship because it gave him the opportunity to

explore his mental potential. If he receives the fellowship, Torres will be working on a project titled "The Rhythm of Freedom: Music as a tool of sustenance and resistance." Torres's love of hip-hop helped him discover his Watson Fellowship topic.

Hip-hop is used as a tool for political speech and as a voice for the oppressed. Torres' project will explore music as a tool for the oppressed in Poland, India, South Africa, Brazil, and Jamaica. He believes music is a great form of communication because it connects with people. It also helps people to retain their cultures and history.

Norton, who has studied abroad before, believes studying abroad gives students valuable insight into other cultures and their traditions. She believes the Watson Fellowship is a great opportunity because, if selected, she will have the chance to pursue something she has always been passionate about.

Her project, "Moving for a Cause: The role of physical activity in coping mechanisms in different cultures," could give her the opportunity to visit Switzerland, India, Ghana, and Peru and

study how physical activity helps people cope with the effects from trauma and disease. Norton believes the Watson Fellowship is a valuable opportunity, and the application process has helped her learn more about herself.

Snyder hopes to use the fellowship to immerse herself in the health cultures in Hong Kong, China, India, South Africa, and Peru. She believes "health is an intrinsic good that helps people to live more productive lives." She first became interested in the Watson Fellowship while working on her Summer Fellows research. She says submitting her Watson application felt good because of all the time she spent working on her project.

Juniors who are interested in applying for the fellowship next year should watch for information in their school email accounts this spring.



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Elective continued from pg. 2

University of the Arts' "An Introduction to Entrepreneurship" is an interactive 15 hour workshop designated for artists, makers, performers and videographers. This course looks to introduce the basic principles of entrepreneurship – planning, budgeting, marketing, identifying and attracting customers and managing finances, the foundation of starting and sustaining a business – to

interested students.

This course, beginning in the second week of January (Jan 5, 6, 7, 12, 13, 14) and running from 6 p.m. – 8.30 pm, includes an additional two hours of one-on-one consulting, pre-seeding funding, and ongoing support. Presented by the Corzo Center for the Creative Economy at the University of the Arts, and by the Free Library of Philadelphia's Business, Science and Industry Department, this course takes place in the Skyline room in the

Parkway Central Library. The course also has a limited class size.

"An Introduction to Entrepreneurship" provides scholarships for all accepted applicants, thanks to support from the Knight Foundation, and is supported by Start Up PHL and Creative Philadelphia, the Philadelphia Office of Art, Culture and the Creative Economy. Interested applicants should apply online by 5 p.m. on Friday, Nov. 20.



Photo courtesy of Andrew Tran

The annual pie-eating contest was held in Wismer last Thursday with "Mr. Wismer" commenting. This year's contest set a new record for number of participants and featured a performance by Seismic Step.

International Perspective

Dealing with graduation concerns abroad

Yiu Fai Wan

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As a senior student, I only have one more semester to go. However, I do not see it as a "new page of my life". Instead, there are many concerns and uncertainties waiting for me. Among all my worries, my career is undoubtedly the most difficult one to figure out. My major is in history. I have to say that Hong Kong is not a favorable place for humanities students because it is too financially oriented. The economy and the society of Hong Kong only embrace business students and financial activities or industries and pay no attention to the humanities students. Even though I want to achieve some accomplishments and fight for my dream, I think the conditions of Hong Kong will impose many limitations on me. Therefore, boredom and frustration upset me all the time and leave me few choices when thinking of my future career.

I decided to go to a foreign country as an adventure before my graduation next year. This is the reason why I am here right now. By studying abroad this semester, I am released from the heavy workload and the worries about my future. This trip is a chance for me to explore the world and learn about a different culture. Surprisingly, I not only have had several months of good times here, but I have also received some inspirations that are very helpful in response to my worries about the future.

As a foreigner here, the language barrier is my first difficulty. I have studied English for more than 10 years, but I cannot speak as well as the native speakers because I grew up speaking Cantonese, my mother language, in all occasions except in the classes. Therefore, I do not always feel confident speaking English. Fortunately, the people I've met are very supportive and considerate. "Do not be shy! No one is gonna judge you, even the native speak-

ers. They sometimes make the mistakes, too!" is the encouragement that I have heard so many times here. And it is true! English speakers would not make fun of me; instead, they try to understand what I say even though there are some grammatical mistakes in the sentences.

Apart from the language barrier, the different learning and teaching methods also surprised me. Since I have received my education in the Asian system, it is not an easy task for me to make some significant adjustments within a short time. The teaching methods in Hong Kong are more planned. Before each discussion, the professors provide us with a question sheet which covers the questions and the concepts they are going to talk about. Since I did not feel comfortable enough to participate in discussions here, I decided to consult with the professors—and I am glad I did. Fortunately, they understood the difficulties of an exchange student, especially one who comes from a place with totally different cultures. Thanks to their help, I constantly remind myself to be more confident and to say something to the professor either during or after class.

From these experiences, I deeply understand the importance of consulting with others. I am pretty sure that if I just conceal my concerns all the time, nothing is going to change and I am still probably the one who will never stop complaining about how hard my life is. Through consultations with so many nice people here, I have received a lot of inspiration from listening to their personal stories, encouragement, and advice. Once I know the obstacles on my path are not that unbeatable, then I feel more confident to face and to overcome them in order to make myself more mature, independent, and capable. This inspiration is also useful in erasing the uncertainties that I will face after my graduation.

Warming up to the challenge

UC student from California adjusts to the northeast's colder climate by working out with Main Street Nutrition

Irina Lessne
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On a brisk and snowy winter's night in the depths of December, many Collegeville residents enjoy curling up in bed after a long day's work with a hot, soothing beverage and their favorite movie on Netflix.

The wind whistles wildly outside and snowflakes cascade down from grey angry clouds, yet the icy weather does not bother one Ursinus College student. Justin Smith, 20, is bundled up in layers upon layers of silky Under Armour shirts, heavy sweatpants and has a look of determination etched across his face.

Music blares triumphantly, and a group of frigid, yet smiling fitness fanatics gather in a circle in a local park to complete a workout. Smith has a slim build, with brown hair and tan skin. Though his teeth are chattering and goosebumps have erupted on his skin, Smith has gotten used to these extreme workout conditions and begins to warm up with a smile on his face.

Despite being a bit chilly, Smith motivates himself by reciting a phrase that he once saw on a poster at the Ursinus pool: "There are only two options—you can either make excuses or move forward."

Smith first began working out with the folks at Main Street Nutrition in February of 2014, a year after beginning his freshman year of college at Ursinus.

He was born and raised in Menlo Park, California, to a family of four including his mother, who works as a sales and price marketer for NXP, and his father, who works as a consultant for start up companies.

In addition to his parents, Smith also has a 15-year-old sister who is currently a sophomore in high school.

Despite growing up in sunny California and having countless options across the state, Smith is attending college about 2,500 miles away in Collegeville, Pennsylvania.

"I chose to come to Ursinus

because I have always liked traveling and decided to treat my college adventure as a learning experience," Smith said. "Even though I wanted to go somewhere completely new, my father wanted me to go to Edinburgh. The other option was to study in China, but I didn't know Chinese so that would have been an even harder step. I decided to stay within the country, but ventured out of California."

After sifting through books such as "Colleges That Change Lives" by Loren Pope and talking to his high school's college counselor, Smith found himself torn between McDaniel and Ursinus.

Ultimately, Smith chose Ursinus "because of the layout of the campus and due to more flexibility in regard to its language department," said Smith.

After being accepted at Ursinus, Smith left the comforts of home and made the cross-country trek to Collegeville, where he has been pursuing a major in international relations and a minor in Mathematics with a concentration in Statistics.

Classes are tough, and the degree of difficulty as well as the amount of homework mounts with each passing year.

"I've had a relatively positive experience thus far, despite occasional bumps in the road, but have learned over time that if you don't question everything you're told, you will inevitably fall through the cracks," said Smith.

Over the past three years, Smith has faced countless ups and downs, but it is his relentlessly positive attitude that has enabled him to overcome trials and tribulations.

"One of the most challenging things I've had to overcome is actually taking control of my life. I realized that if I didn't speak up and continue speaking, that everything I wanted to do would never happen. I've had to learn how to become a self-advocate to ensure what I wanted would actually happen," Smith said.

Dana Barnes, 24, a fellow Main Street Nutrition enthusiast, prides Smith on his ability to stand up for what he feels is right

and make life-altering decisions that will help him blossom in the long run.

"The way I view Justin is literally as a person of sunshine," Barnes said. "He is not afraid to take chances, such as going across the country for school, which can be quite scary. He is a dedicated individual who places value on studying and taking care of his body."

Mikayla Jucewicz, 17, a younger member of the Main Street Nutrition family, agrees with Barnes and feels that Smith "copes with obstacles he faces in life with a positive attitude, which proves how strong he is as an individual."

When it comes to his outlook on life, Smith smiles and states that he is a "naturally positive person who gives people the benefit of the doubt before judging them. I'm a glass half-full kind of guy who tries to see the best in each and every person I meet."

Smith is a self-proclaimed optimist, yet isn't always happy. There is a clear distinction between making the best of a situation and always being happy.

When he first moved from the sauna that is California to the depths of winter in Pennsylvania, Smith found it rather difficult to become accustomed to the not-so-nice weather.

When Smith first came to the Northeast, just hearing the word "winter" made him cringe.

"The first time it snowed during my freshman year, I didn't quite know what to think. I had seen snow before, but had never actually witnessed it snowing outside," said Smith. "I stepped outside, a huge snowflake fell into my eye and I panicked because it felt as if a rock had dropped on top of my face. I closed my eye and the snowflake melted. Needless to say, I was a little embarrassed."

Flash-forward two years, and Smith is more accustomed to the arctic bubble of the Northeast, has made countless friends, and works out in the nearby park on some of the chilliest of nights.

Winter may not be Smith's favorite season and it isn't merely a



Photo courtesy of Alexis Primavera

Justin Smith '17 travels 2,500 miles from his home in California to attend Ursinus. He's recently become involved with Main Street Nutrition and enjoys working out with other students who share his passion for fitness.

cup of hot chocolate that does the trick to warm his heart during the briskest of days.

"California is the place I grew up, but they say that home is where the heart is. Here at Ur-

sinus, I've found just that . . . a home away from home, where I'm loved simply for being who I am and for that I'm truly grateful."

Podcast roars to life

'The Growler' features interviews with scholars, writers, and other guests who visit Ursinus

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Having guest speakers and lecturers visit Ursinus provides an opportunity for students to hear them speak and learn more about their work. However, sometimes students and faculty wish to hear more about what these lecturers have to say. Since a short talk only allows a guest speaker time for a concentrated lecture on a specific topic, students and faculty saw a need for an additional outlet for them to speak.

It took a while to establish, but "The Growler" podcast is now the perfect opportunity for interdisciplinary collaboration between guest speakers and Ursinus students and faculty. It began during the fall 2013 semester, when English and Creative Writing Professor Anna Maria Hong came up with the idea for a podcast to promote the arts and the events happening on campus. She initially

approached Dr. Anthony Nadler and Dr. Jennifer Fleegeer of the Media and Communication Studies and Film Studies departments about co-producing the podcast.

"Since I work with the Creative Writing program and bring writers to campus to give readings and performances, I thought that this would be a great way to promote the work of these artists and the vital programming that we do at Ursinus," Hong said.

The podcast features original interviews with writers, artists, scholars, filmmakers, and other speakers visiting campus, usually conducted by Ursinus students. To date, guests who have been interviewed include poets Brian Teare, Rachel Levitsky, and Ida Stewart, fiction writers Josh Emmons and Alena Graedon, performance novelist Sharon Bridgforth, and the filmmakers who created the film "Exquisite

Preparing for professional life

Scholarship gives students exclusive internship experience and career guidance

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The Kemper Scholars Program allows first- year students to gain skills in leadership and service in various professions. The program provides students with financial support for their sophomore, junior, and senior years of college, as well as two funded internships during their sophomore and junior summers. The first internship after the student's sophomore year is in Chicago, and includes housing.

The internship includes group seminars and group activities that aim to be both educational and entertaining. In addition, students have personal meetings with the Kemper Foundation staff. The internship following the student's junior year is also funded by the Kemper Foundation but varies depending on the student's field and location. Ursinus College is one of only 20 schools in the country to offer this program.

Students of any major are encouraged to apply, as the primary focus of the foundation is to prepare the students for future leadership in business. Carla Rinde, the director of the Career and Professional Development Center, has been involved with the foundation since Ursinus's first Kemper scholar, Megan Helzer, won in 2008.

"This is a tremendous opportunity for all first-year students; the program includes scholarships, mentoring and coaching, all to help students become effective leaders," Rinde said.

In order to be considered for the Kemper Scholar Foundation, a student must have noteworthy grades after the first semester and must be able to maintain a 3.0 GPA throughout the program. Candidates must be available for at least 10 weeks in the summer to complete the internships that follow sophomore and junior years.

"Kemper candidates must demonstrate a capacity for leadership as illustrated by their activities and involvement both in high school and in college," Rinde said.

The foundation also takes into consideration the student's overall personality and character.

"Students who are eager to learn new things, exhibit intellectual curiosity, independence, openness and maturity make good Kemper candidates," Rinde said.

The application process is similar to other scholarships as it includes several brief essay questions, SAT and ACT scores, and high school and college transcripts, as well as two letters of recommendation, one of which must be from a college professor.

Last year's recipient was current sophomore Mary Atta-Dakwa, who was one of 20 students that the program accepted. Atta-Dakwa explained that before applying to the actual foundation, students have to send all of their application materials to the staff of the Career and Professional Development Center which helps them get everything ready to apply to the Kemper Scholars Program.

"Everyone there is really help-

ful; I wasn't even going to apply, because I didn't know that much about it," she said. "I kind of just applied and waited and I won."

Atta-Dakwa isn't entirely sure of her future endeavors; right now she is an applied economics and public relations double major. She is contemplating law school or a career that involves traveling a lot.

"I think this program definitely helps with interacting with people on a professional level which is really important. They don't throw you into it either. They guide and teach you, and I think what they do is phenomenal," Atta-Dakwa said.

The foundation stays in touch with their scholars at their respective schools even throughout the semester when the internships have yet to begin.

"I think this program definitely helps with interacting with people on a professional level."
— Mary Atta-Dakwa
Ursinus sophomore

"Everyone should apply, and I'm not just saying that. You never know. I applied just to apply, and now I couldn't imagine not being a part of Kemper Scholars," Atta-Dakwa said.

For any first-year student who is interested, there is an information session on Nov. 18 at 4:15 p.m. where students will have the chance to direct questions to the program's co-coordinators.



Photo courtesy of Ursinus College Communications

Mary Atta-Dakwa '18 last year's Kemper scholarship winner, has developed her leadership skills through a wide variety of activities, including tutoring at the Center for Academic support, co-captaining the Mock Trial association, and singing with the gospel choir Voices in Praise.

Podcast continued from pg. 4

Corpse".

Although the podcasts so far have mainly focused on interviews with visiting artists and writers, Dr. Nadler hopes to expand the podcast to include interviews with visiting scholars in all fields.

Each interview is about 20 minutes long, and the students tend to ask questions the interviewee might not address during their general lectures. For example, they often speak about their lives, childhoods, and how they get inspiration for their work. They may include personal anecdotes or interesting facts.

A single interview covers a variety of different topics. In one of the most recent podcasts, student Josh Hoffman asked poet Ida Stewart questions ranging from "How were you introduced to poetry?" to "If you were a fruit, what would you be?" At the end of each podcast, the interviewee is asked to give their best growl, in true Ursinus Bears spirit.

The podcasts are edited by student Kristen Costello. She uses the editing program Audacity to cut and rearrange the sound recordings. As a media and communication studies major, she uses her journalism skills to edit the podcast by selecting important information. She also writes a brief summary of each podcast, which appears on the website.

"For me it's been a great opportunity. I get to listen to everything authors say; it's inspirational hearing about their lifestyles and how they come up with ideas," Costello said.

Costello and Hong agree that "The Growler" would serve as the perfect opportunity to collaborate with other departments and have a greater variety of speakers, which they hope to accomplish in the coming semesters.

"I hope it gains publicity and becomes a name people know, like 'The Grizzly'," Costello said.

Podcasts can be found at: <https://www.ursinus.edu/news/growler/>.

Happening on Campus

| Thursday | Friday | Saturday | Sunday | Monday | Tuesday | Wednesday |
|---|---|-------------------------------------|--|--------|--|---|
| Third Annual Ursinus Craft Fair Bear's Den 11 a.m. - 2 p.m. | Fall Dance Concert Kaleidoscope Performing Arts Center 7:30 p.m. | Yule Ball Lower Wismer 6 p.m. |  | | Spring 2016 Registration Ends 4:30 p.m. | Thanksgiving Break Begins No classes |
| | | | | | | |

“It’s On Us” is insufficient

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Last week marked the end of “It’s On Us,” a campaign launched by the Obama administration that aims to prevent sexual assault on college campuses and raise awareness about what constitutes assault. A report by the National Sexual Violence Research Center estimates that 1 in 5 women and 1 in 16 men will be sexually assaulted in college and that 90 percent of these assaults will go unreported. Given that male survivors of sexual assault rarely report it, the latter statistic may be too low.

The issue of sexual violence on college campuses has been drawing attention in recent years, spurring the growth of similar campaigns such as “Take Back the Night” and “Not On My Campus.” Ursinus has participated in all three in the past two years, but despite the dedicated efforts of the organizers, the initiatives have had little visible staying power. It’s an uphill battle. People tend to be drawn towards campaigns that can produce tangible results

(whether it be a freshly built home or money for cancer research), but it’s hard to gauge the initiative’s effectiveness on the rates of a crime which happens in the proverbial dark. To this end, President Obama announced the creation of a White House task force that will work with colleges and recommend methods of prevention, but there have been complaints from students at Ursinus that the campaign might, in some respects, be doing more harm than good.

“It’s On Us” and similar programs are founded on the idea that many sexual assaults occur because of the bystander effect, a phenomenon in which people are less inclined to help someone in trouble when others are around. The argument is that if we intervened when we saw something wrong, then we could prevent this from happening.

The scenarios the campaign provides are almost ubiquitously in bars or at parties in which a man attempts to take advantage of a drunk woman. If the campaign encourages someone to recognize and prevent this then that’s a good

thing, but it’s far from enough. The repetition of this scenario excludes those whose assaults didn’t occur in public places, and doesn’t acknowledge that in most cases the rapist isn’t a stranger. And although the campaign’s initial memorandum mentions male victims of rape and sexual assault, much of the subsequent learning does not. Assaults perpetrated by someone of the same sex are mentioned rarely, if at all, excluding another major contingent of assault survivors.

Another component of the situational myopia is that the campaign presupposes that the participants themselves aren’t sexual predators or abusers. Its website does attempt to explain the nuances of consent, but they’re overshadowed by the overarching theme of bystander intervention, allowing anyone who participates to implicitly claim innocence.

The possibility of a sexual predator putting their face on the campaign is alienating to many people. Sophomore Emily Shue commented on the dissonance: “The campaign claims to be dedicated to reaching out to and pro-

viding a safe place to speak for survivors of sexual abuse or assault, but refuses to acknowledge the suggestions or complaints of survivors when it comes to the campaign.”

An effective campaign against sexual assault needs to acknowledge that you in particular are capable of, and may have in the past committed, sexual assault. But that’s an ugly realization, and not one which is likely to show up in anything intended to be inspiring. It also needs to acknowledge that people you know and respect might be sexual predators. I attended a presentation on sexual assault a few months back where several “What would you do?” scenarios were presented, intending to teach the audience about how to avoid succumbing to the diffusion of responsibility.

There was a particularly disturbing one in which you took the perspective of a student athlete and the creep in question was the team captain, attempting to take a drunk girl from a party. The suggestion given, that distracting him would be an adequate solution, has ugly implications. If you al-

low people you know to be dangerous to go unimpeded, then you can’t claim to be any kind of ally to assault survivors.

These blind spots are jarring, as is the lack of agency given to the people the campaign is meant to help. “It’s On Us” is well-intentioned, but the focus needs to move toward the purely educational rather than the narrative of the bystander. Inclusion of social media and announcement of individual participation seems to be endemic of initiatives, but the campaign needs to forego these things for the sake of not excluding assault survivors from its dialogue.

A relatively anonymous education-centered initiative is not as inspiring nor as marketable, but those are things which are axiomatic of viral movements: more profound changes occur slowly, without being handicapped by trendiness.

Annie Rus is a junior studying history and english. Xe is a Writing Fellow, president of Delta Pi Sigma fraternity, and co-editor of Aux/Vox.

Wellness critics are ill-informed

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Ursinus’s Wellness Center is located at the end of the campus behind Thomas Hall. The medical Wellness staff includes Dr. Paul Doghramji, the medical director, in addition to a nurse practitioner. Some of the services Wellness provides include immunization, acute care (temporary treatment for severe health problems), physical exams, and blood pressure screenings, according to its website on the Ursinus page.

It is not an emergency room, which seems to be a source of confusion and perhaps the reason some students are unsatisfied with the care Wellness has provided them. I guess no one ever stopped to think that maybe the problems aren’t rooted in Wellness itself but maybe the financial support Ursinus allots for its use.

The Wellness Center does the best it can with the resources available to it. The Wellness Center is just that—a wellness center. It’s not a trauma center and it’s certainly not a cure-me-right-away center.

Ursinus is a relatively small school, and it is easy for some students to feel as though our Wellness Center cannot be held to the same standard as other bigger schools such as Penn State. However, I could not find anything on the Penn State website about services its center offers that we don’t offer at our Wellness Center. Penn State has more staff and an on-site laboratory; however, this is realistic for the size of its campus in comparison to ours. Penn State has an enrollment of almost 100,000 students with almost 50,000 on the main campus, according to the school’s online statistics.

I completely agree that every

fever doesn’t need an antibiotic, and that sometimes it can be an inconvenience when the Wellness Center staff is running behind, but think about it: they want you to feel better as soon as possible, and they get backed up because they don’t turn anyone away who claims to need medical attention.

“Sometimes people go into the Wellness Center with unrealistic expectations for the type of care they expect to receive.”

I’ve had a few personal experiences with the Wellness Center, and every time the staff was nothing but kind. They always respond to your emails and do their best to get you an appointment either right away or for a time that

best accommodates your schedule. Just two weeks ago I had a high fever when I went and they gave me some medicine and encouraged me to return if I didn’t feel better the very next day. When I didn’t return, the nurse practitioner who treated me actually emailed me for the next two days to see how I was doing.

We are all adults and are smart enough to know when the Wellness Center can be of use to us or when it’s necessary to get to an ER. Like most health-care facilities, sometimes people go into the Wellness Center with unrealistic expectations for the type of care they expect to receive. It’s completely understandable; we’re in college and extremely busy and no one has time to be sick, so we walk in with the hopes of walking out completely cured.

When that doesn’t happen, it’s not the fault of the staff at

the Wellness Center. We’re in college, we’re going to get sick, there’s always things going around like the flu and strep. As a community we can try and be more proactive in preventing the spread of germs. Hand-washing, eating properly, keeping hydrated, and getting enough rest can go a long way. Instead of being overly critical, try and keep in mind that the Wellness Center cannot cure all. It does the best that it can to help you, so always be polite and remember to say thank you when the staff is helpful.

Rachel Dickinson is a freshman at Ursinus studying chemistry with the long-term plan of becoming a physician assistant. In addition to being a regular writer for the Grizzly, she is in the Pre-health Club and the Beardwood Chemical Society.

Wrestling continued from pg. 8

men got wins, and they got a taste of what it feels like to wrestle a college match,” Peleg said. “They took lumps here and there, but they got better from it and are training harder now.”

Many of the veteran wrestlers were rested in the Messiah Invitational in preparation for one of the Bears’ larger tournaments, the Fall Brawl. The Bears had three first-place finishers and one runner-up at the Fall Brawl, which Ursinus hosted on Saturday, Nov. 14. Arnold placed first in the tournament, while Peleg came in second. Senior Kevin Hoogheem and junior Alex Kramer were the Bears’ other first place finishers, at 133 and 149 pounds, respectively.

Following this, the Bears will have a tri-match at Worcester Polytechnic Institute against nationally ranked Roger Williams College and Norwich University. One of the last major challenges before the winter break will be at

the Petrofes Invitational at Messiah College.

The Bears look to dominate in dual meets as well as in tournaments. A main goal for this season is to reclaim the Continental Conference championship. After winning back-to-back Centennial Conference championships in 2012-13 and 2013-14, the Bears finished second last season. The Centennial Conference Championships will be held Saturday, Feb. 13, at McDaniel College.

Arnold and Peleg both strive to become the best wrestlers they can be. Both wrestlers are itching to be in competitions and are looking forward to watching the young team dominate on the mat.

The all-star duo can be caught in action for their first home tri-match on Sunday, Dec. 13, in the Floy Lewis Bakes Center in a duel match against Yeshiva University and Penn College.

New era begins for women’s basketball

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There is plenty of excitement around the Ursinus College women’s basketball program as first-year head coach Margaret White takes over. White replaces Jim Buckley, who retired in March after 13 seasons at the helm of the program.

“I came to Ursinus because it is a college and a basketball program that I firmly believe in,” said White. White comes to Ursinus from Case Western Reserve University, where she spent the previous two seasons as an assistant coach. Before her stint at CWRU, White served on the

coaching staffs at Vassar College and Elmira College.

Returning to the Centennial Conference is a homecoming of sorts for White, as she played for and graduated from fellow Centennial Conference member Gettysburg College. While playing for the Bullets, White was named a team captain and was an offensive weapon for the Bullets throughout her career.

“Having been a student athlete in the Centennial Conference myself, I had always admired the Ursinus women’s basketball program from a distance,” White said. White will get her first crack at her alma mater when the Bears travel to Gettysburg to battle the Bullets on February 13. With her knowledge of the conference and the school, it is clear that the Ursinus program is heading in the right direction.

Although it is early in the season, White has already had a noticeable impact on the program. As she installs her system, the Bears will look to win games by playing tenacious defense and counterattacking on offense. “One difference will be the pace at which we are trying to play,” said White. She wants the team to “be intense defensively and be smart about finding opportunities to push the ball and score quickly when we can.”

Senior forward Jessica Porada echoed her coach, saying, “The team is working a lot harder to execute on offense and play tougher defense.” Playing solid defense will go a long way in helping the Bears have a successful season this year.

White has tools in place to help her build the program, as she has the benefit of inheriting a team that includes veteran leadership that she can rely on. Players such as Porada, who is a 1,000-point scorer, and senior guard Alyssa Polimeni will be key to the Bears’ success this year. “She has shown in a short amount of time that she is more than prepared to lead a great basketball program and to get her players to adopt a winning attitude,” Polimeni stated when asked about her new coach.

Looking toward the future, White is hoping to build a winning program. A giant step toward that could happen this year if the Bears were to qualify for the Centennial Conference tournament for the first time since the 2011-12 season. “Our main goal is to take the season one day at a time,” White said. “At the same time, this group is hungry to make the playoffs and that is definitely in the back of our minds as well.”

Porada and Polimeni reiterated what White said, each saying that they would like to make it to the postseason this year. White is looking to build a winning tradition at Ursinus by leading the team to the playoffs in her first season.

White and the Bears began their 2015-16 season over the weekend at the Gwynedd Mercy College Tournament. They went 0-2 with losses against Gwynedd Mercy and Lycoming. The Bears will be back in action Tuesday, Nov. 24, at home against Swarthmore in the first conference action of the season.



Photo courtesy of Andrew Tran

Margaret White, right, is the new head coach for the Ursinus women’s basketball team. The former Gettysburg star is looking to create a culture of winning to surround the team for seasons to come.

Scores as of Monday, Nov. 16

| Field Hockey (19-3) | Football (3-7) | M&W Cross Country | W Basketball (0-2) | M Basketball (1-1) | W Swimming | M Swimming |
|---|--|---|--|---|---|---|
| Nov. 14 vs. Stevens NCAA Second Round UC: 10, Stevens: 0 | Nov. 14 @ Dickinson UC: 28, Dickinson: 20 | Nov. 14 @ NCAA Mid-East Regional | Nov. 13 @ Gwynedd Mercy UC: 43, GM: 65 Jessica Porada: 14 pts, 5 reb. | Nov. 13 vs. Stevens @ Scranton UC: 83, Stevens: 80 Malik Draper: 18 pts., 8 reb., 4 stl., 3 ast. | Nov. 14 @ McDaniel UC: 74, McDaniel: 21 | Nov. 14 @ McDaniel UC: 60, McDaniel: 35 |
| Nov. 15 vs. Rochester NCAA Quarterfinal UC: 5, Rochester: 0 | Asa Manley: 103 yards rushing, 69 yards receiving, 2 total TD Steve Ambs: 8 tackles, 2 sacks, 1 fumble recovery | Men: 38th of 52 teams Drew Mackin finished 171st overall Women: 29th of 50 teams Brittany Gasser finished 81st overall | Nov. 14 vs. Lycoming @ Gwynedd Mercy UC: 53, Lycoming: 63 Jessica Porada: 18 pts., 9 reb. (named to all-tournament team) | Nov. 14 @ Scranton UC: 62, Scranton: 71 Eric Williams: 25 pts., 2 ast. (named to all-tournament team) | Highlights: Freshman Peyton Lyons finished first in the 200 yard medley relay, 200 yard freestyle, and 100 yard backstroke. | Highlights: Senior Chris Hoops finished first in the 200 yard medley relay, 200 yard freestyle relay, and 100 yard butterfly. |

Two wrestlers named preseason All-Americans

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The Ursinus wrestling team has officially kicked off the 2015-16 season. The team has many new faces to go along with some familiar ones as well, none more so than Derek Arnold and Matan Peleg. Both wrestlers are returning to the mat for their junior campaign.

Peleg is a two-time national qualifier, while Arnold is the Bears' only returning All-American. Arnold was named the 2015 Centennial Conference Wrestler of the Year and concluded last season placing fourth in Division III at 149 pounds.

Coming into the season, both Peleg and Arnold are preseason All-Americans, according to InterMat Wrestling. Arnold is ranked first in Division III at 149 pounds, and Peleg is ranked fifth in the nation at 285 pounds. Both Peleg and Arnold are looking to build upon their previous seasons and gain the glory of All-American status in the NCAA national tournament.

To kick off the season, Arnold was invited to wrestle in the National Wrestling Coaches Association All-Star Classic held at Georgia Tech in Atlanta. Arnold was the only Division III wrestler to participate in this prestigious tournament, where colleges from

all over the nation were represented. Arnold faced Division I national qualifier Chris Perez of Princeton University and was defeated by a score of 12-7.

Though Arnold was defeated, he believes it was a great learning experience. "It was awesome," Arnold said. "I ended up losing, but I took it to him. It was a great weekend being around all the D1 kids and all the D1 coaches, just around people who are really excited to wrestle and to be there. It was a great experience."

Though wrestling is considered to be an individual sport, there is a very large team aspect involved. Many of the steady wrestlers over the last few years have since graduated, taking talent and experience with their departures. The Bears brought in a considerable number of freshmen, who now account for about 35 percent of the team.

Both Peleg and Arnold believe the team is loaded with raw talent in the room, which could translate to a lucrative season for the Bears. Despite the youth and inexperience, the Bears should be able to be competitive in each match and tournament this season.

In the Bears' first tournament this season, the Messiah Invitational, the young team claimed a fourth-place finish. "All the fresh-

See Wrestling on pg. 7



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Photos courtesy of Ursinus College Athletics
Ursinus' Danielle Stong '16 prepares to shoot the ball in Sunday's quarterfinal 5-0 victory over Rochester. Stong had one goal and two assists in the two NCAA tournament victories over the weekend.

Final Four bound

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The Ursinus College field hockey team is heading to the NCAA Final Four after two commanding victories over the weekend. This is the Bears' first appearance in the Final Four since 2011 when they lost 2-0 to The College of New Jersey (TCNJ) in the semifinal game.

The Bears will take on the Polar Bears of Bowdoin College on Saturday at 11 a.m. at Washington & Lee University. Bowdoin comes into the game ranked first in Division III with a 20-0 record on the season.

Bowdoin has reached the NCAA championship game the past two seasons, winning in 2013 and losing in 2014. This is the first meeting between Ursinus and Bowdoin since the NCAA semifinals seven years ago.

The winner of the semifinal game between Ursinus and Bowdoin will advance to the championship game on Sunday, Nov. 22, at 1 p.m. In the other semifinal game, TCNJ faces Middlebury.

In the second round of the tournament on Saturday, Ursinus defeated Stevens Institute of Technology 10-0, setting many records in the process. Four players scored two goals each, while

two others contributed one a piece. The 10-0 rout was tied for the largest scoring margin in NCAA Division III tournament history. The 10 goals were the second most in tournament history.

Ursinus posted another shut-out Sunday, defeating Rochester (N.Y.) 5-0 in the quarterfinals. Megan Keenan scored two goals in the game to go along with her two against Stevens. The Bears' defense held opponents to a total of three shots over the weekend, while the offense posted a total of 61.

Upcoming Games

| Friday | Saturday | Sat. Cont. | Sunday | Monday | Tuesday | Wednesday |
|--------|--|---|--------|--------|--|-----------|
| | Field Hockey vs. Bowdoin @ Washington & Lee (NCAA Semifinal), 11 a.m. | Wrestling vs. WPI with Roger Williams and Norwich @ Worcester, Mass. | | | W Basketball vs. Swarthmore, 6 p.m. | |
| | M&W Swimming vs. Gettysburg, 1 p.m. | M&W XC @ NCAA D3 Championship @ Winneconne, Wis., 11 a.m. | | | M Basketball vs. Swarthmore, 8 p.m. | |

